

# Guitar Warm-up Exercise

Mistletoe Music School

♩ = 120

## EX.1) 隣合う弦で

人 小 葉 中 小 人 中 葉

1 2

5 8 7 6 8 5 6 7

## EX.2) STRING SKIPPING

3 4 5 6 7 8 9 10 11 12 13 14 15 16

5 8 7 6 8 5 6 7 5 8 7 6 8 5 6 7

7 8 9 10 11 12 13 14 15 16 17 18 19 20

5 8 7 6 8 5 6 7 5 8 7 6 8 5 6 7

## EX.3) STRING SKIPPING (2本弦)

11 12 13 14 15 16 17 18 19 20 21 22 23 24

5 8 7 6 8 5 6 7 5 8 7 6 8 5 6 7

15 16 17 18 19 20 21 22 23 24 25 26 27 28

5 8 7 6 8 5 6 7

**EX.4) STRING SKIPPING (3 本弦)**

Musical notation for Ex. 4: String Skipping (3 strings). The notation shows a sequence of notes on a treble clef staff and corresponding fret numbers on a guitar TAB staff. The notes are: 17 (F), 18 (F#), 19 (F), 20 (F#). The TAB frets are: 5, 8, 7, 6, 5, 7, 8, 6, 5, 7.

**EX.5) STRING SKIPPING (4 本弦)**

Musical notation for Ex. 5: String Skipping (4 strings). The notation shows a sequence of notes on a treble clef staff and corresponding fret numbers on a guitar TAB staff. The notes are: 21 (F), 22 (F#), 23 (F), 24 (F#). The TAB frets are: 5, 8, 7, 6, 5, 7.

**EX.6) 3 TYPES OF PICKING (OUTSIDE)**

Musical notation for Ex. 6: 3 Types of Picking (Outside). The notation shows a sequence of notes on a treble clef staff and corresponding fret numbers on a guitar TAB staff. The notes are: 23 (F), 24 (F#), 25 (F), 26 (F#). The TAB frets are: 5, 8, 7, 6, 8, 5, 6, 7. Picking symbols are: square, V, square, V, square, V, square, V.

**EX.7) 3 TYPES OF PICKING (INSIDE)**

Musical notation for Ex. 7: 3 Types of Picking (Inside). The notation shows a sequence of notes on a treble clef staff and corresponding fret numbers on a guitar TAB staff. The notes are: 25 (F), 26 (F#), 27 (F), 28 (F#). The TAB frets are: 5, 8, 7, 6, 8, 5, 6, 7. Picking symbols are: V, square, V, square, V, square, V, square.

**EX.8) 3 TYPES OF PICKING**

Musical notation for Ex. 8: 3 Types of Picking. The notation shows a sequence of notes on a treble clef staff and corresponding fret numbers on a guitar TAB staff. The notes are: 27 (F), 28 (F#), 29 (F), 30 (F#). The TAB frets are: 5, 8, 7, 6, 8, 5, 6, 7, 5, 8, 7, 6, 8, 5, 6, 7. Picking symbols are: square, square, square, square, square, square, square, square, V, V, V, V, V, V, V, V.